



## St. Charles Borromeo Youth Confirmation Program

*Questions? Contact:*

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## High School Youth Ministry and Confirmation Prep.



### Sacrament of Confirmation Overview

The MULTI-year confirmation process has a lot of events and prerequisites that all are aimed at preparing the participants for the Sacrament of Confirmation. While it may seem like a lot, or daunting, it is designed for two years and is not meant to overwhelm but challenge. **If at any time you or your child has a conflict or issue let me know as soon as possible so we can work together to find a proper solution.**

The two goals of each year are as follows-

Confirmation 1 Goal: Share and practice their personal faith; learn, review, and apply the Catholic faith to their belief system or everyday lives, and build their own relationship with Jesus Christ

#### Confirmation 1 Overview:

- Full, conscious and active participation at home, school, youth ministry (i.e. fulfilling responsibilities: chores, homework, attend class.... properly representing the Catholic life in all parts of life)
- Attendance of Confirmation Class (twice a month)
- Attendance of Mass (weekly)
- Attendance of 1 Retreat (Total)
- Participation in a Church Ministry (weekly)
- Year End Interview (In Summer Session)
- Sponsor and Saint information in progress (ready by time Year 2 interview)
- 1 Service Project and meaningful faith-based reflection (3 total over two-year program)

Confirmation 2 Goal: Engage and discuss deeper understanding of the Catholic faith and accept the call to discipleship past Confirmation.

#### Confirmation 2 Overview:

- Full, conscious and active participation at home, school, youth ministry (i.e. fulfilling responsibilities: chores, homework, attend class.... properly representing the Catholic life in all parts of life)
- Attendance of Confirmation Class (twice a month)
- Attendance of Mass (weekly)
- Attendance of 3 Retreats (Total)
- Participation in a Church Ministry (weekly)
- Final Interview (at midpoint of year)
- Sponsor and Saint information complete (by time of final interview)
- 3 Service Project and meaningful faith-based reflection (1 with sponsor)



## Youth Ministry Agreements

Formed in order to create an atmosphere that is safe, encouraging, and maybe fun (in order).

### AGREEMENTS:

Agreements are crucial in order to have all parties feel safe, heard, and honored.

### RESPECT:

Hold in high regard.

Every day you pass through the door you are agreeing to abide by this set of agreements (even when there is no physical door).

Respect the place, the space, the time, and each other. Simple enough but has the most general goals I want to accomplish with "rules"

Agreement 1: Respect the place.

- the buildings/areas we use, keep them as clean and as nice as we can
- If it is not ours, or yours, then it is not for us or you

Agreement 2: Respect the space.

- Keep the space safe, with no condemnation, and possibly keep it private, it is not your story to share
- give what we are discussing or learning, a chance

Agreement 3: Respect the time.

- We have 1-2.5 hours a week together, giving us all the time now to focus the best we can on the task at hand, keeping other influences to a minimum like phones, music, etc.
- If you are late just enter in quietly

Agreement 4: Respect each other.

- Including you, and I, allow others a chance to share, let people express their opinions without judgment, and keep the negativity down
- Make this a great place to be for each other



## Confirmation Commitment Form

**Understanding Confirmation:** Confirmation completes the grace of Baptism by a special outpouring of the gifts of the Holy Spirit, which seal/confirm the baptized in unison with Christ and equip them for active participation in the worship and apostolic life of the Church (*Catechism of the Catholic Church*, 1285). The key to Confirmation is active participation and therefore requires commitment. Although this journey is largely about formation in the faith, it is mostly about experiencing a relationship with Jesus in the faith and living the gospel. To accomplish this we require a firm commitment from all participants to the program. Below is a summary of what is expected from each candidate.

What we expect when you join Confirmation:

- Consistent Confirmation preparation class, Mass, and ministry attendance
- Fulfillment of assigned reflections and tasks (i.e.: monthly family videos)
- Openness to explore and develop spirituality/faith life
- Commitment to developing a real living relationship with Christ
- Respect for self/peers/ministers/teachers
- Openness to be changed for and by Christ
- Desire to take ownership of faith and responsibilities connected to living faithfully

**Candidate:** By signing this form you agree to enter the discernment process for the Sacrament of Confirmation and fulfill all program requirements. You also agree to follow rules and guidelines put in place for various events/activities throughout your Confirmation Program as outlined in the Code of Conduct(s) provided for each event and the St. Charles Borromeo Confirmation requirements.

X \_\_\_\_\_

Please Sign Name

X \_\_\_\_\_

Please Print Name

Date \_\_\_\_\_

Email: \_\_\_\_\_

**Parents:** By signing this form you agree to not only assist your teen in fulfilling their requirements, but to offer your support throughout the discernment process. You also agree to support all rules and guidelines put in place for various events/activities for your child.

X \_\_\_\_\_

Please Sign Name

X \_\_\_\_\_

Please Print Name

Date \_\_\_\_\_ Email \_\_\_\_\_



## YOUTH CONFIRMATION 2023-2024 Calendar

Parent Orientation: Wednesday, August 30, 2023

- 7:00pm-8:00pm, Borromeo Hall

CONFIRMATION Year ONE (every 1<sup>st</sup> and 3<sup>rd</sup> Sundays):

- 10:00am-11:00am, Borromeo Hall
  - September 17, 2023 (Kick-off)
  - October 1, 2023
  - November 5, 2023
  - December 3 & 17, 2023
  - January 21, 2024
  - March 3 & 17, 2024
  - April 7 & 21, 2024
  - May 5, 2024

CONFIRMATION Year TWO (every 2<sup>nd</sup> and 4<sup>th</sup> Sundays):

- 10:00am-11:00am, Borromeo Hall
  - September 24, 2023 (Kick-off)
  - October 8 & 22, 2023
  - November 12 & 26, 2023
  - December 10, 2023
  - January 14 & 28, 2024
  - February 25, 2024
  - March 24, 2024
  - April 14 & 28, 2024
  - May 12, 2024

- Rehearsal: Saturday before Confirmation Mass
- Celebration of Sacrament: TBD, Sunday at the 11:30am Mass

Program Coordinator: Shane Galvan – [shane@stcharlesborromeo.org](mailto:shane@stcharlesborromeo.org)

**PLEASE NOTE: All events/dates are subject to change.**

**"In the event of any changes to the schedule, you will be notified by email.**

**Thank you for your understanding".**



## High School Youth Ministry 2023-2024 Calendar

DAY: Mondays (excluding 2<sup>nd</sup> Mondays of the Month)

Time: 7:00pm-8:30pm

Room: Borromeo Hall

September 18, 2023 - Opening

2023

September 25

October 2, 16, 23, 30

November 6, 13, 27

December 4, 11

2024

January 15, 22, 29

February 5, 19, 26

March 4, 18, 25

April 15, 22, 29

May 6, 2024 - Closing

Program Coordinator: Shane Galvan – [shane@stcharlesborromeo.org](mailto:shane@stcharlesborromeo.org)

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Thank you for your understanding".**



## **2023-2024 Retreat Schedule and Location**

### **Twilight Retreat at St. Charles Borromeo Friday **October 13<sup>th</sup>****

- 6pm-11pm(dinner provided)
- Open to ALL

### **Confirmation 2 Retreat **November 17<sup>th</sup>-19<sup>th</sup>****

- Westminster Woods Occidental CA
- Parent Meeting Wed. October 25<sup>th</sup> 7pm in Pope Room
- Confirmation 2 Only

### **LinC Retreat **February 2<sup>nd</sup>-4<sup>th</sup>****

- Camp St. Francis, Aptos CA
- Parent Meeting after 11:30 Mass on Sun. Jan. 7<sup>th</sup>.
- Open to ALL

### **Twilight Retreat at St. Charles Borromeo Friday **April 5<sup>th</sup>****

- 6pm-11pm(dinner provided)
- Open to ALL



**Required Baptismal Information  
for Confirmation**  
(Return to Youth Minister)

**Please fill out this form IN FULL.** You are still required to submit a baptismal certificate for your teen; however, this form helps to keep an abridged copy of all necessary information for the Confirmation process easily accessible. Thank you in advance for your cooperation and understanding. When your child (children) is (are) confirmed, we are required to send written notification to that church of baptism.

**Please Print Clearly**

**Name of Candidate:** \_\_\_\_\_

**Candidate's Date of Birth:** \_\_\_\_\_ **Place of Birth:** \_\_\_\_\_

**Candidate's Date of Baptism:** \_\_\_\_\_

**Candidate's Place of Baptism:**

**Name of Parish** \_\_\_\_\_

**Street Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip Code** \_\_\_\_\_

**Candidate's Baptismal Sponsor(s):**

**Name:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Parents:**

**Father's full name:** \_\_\_\_\_

**Mother's full name (Maiden):** \_\_\_\_\_





# Confirmation Sponsor Information Sheet

(Return to Youth Minister)

**Candidate's Name** \_\_\_\_\_

For Confirmation you will be required to have a sponsor—someone who will guide you and share personal experiences in faith to enhance your journey. Please ask someone who is active in the church, can share why faith is important to them, and who can help you in your preparation. A good sponsor will help to make the process fun, exciting and richly meaningful.

In choosing a sponsor, you are looking for someone you trust, whose faith you admire and who will be there for you. Sponsors must be confirmed Catholics, at least 16 years of age, and practicing members of the Church, while not one of your parents. This means you can choose a relative, friend, or someone from the parish as your sponsor. Pray about it, and when you think you have the right person, ask him or her to help you grow in faith by being your sponsor!

1. After discussion with my parents, thinking and praying about it, I have asked  
\_\_\_\_\_ to be my Confirmation Sponsor.
2. My reason for asking him/her is \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. I see this person living the Catholic Faith in the following ways:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Please print:*    **Sponsor's Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Sponsor's parish:** \_\_\_\_\_



# Confirmation Sponsor Eligibility

(To be completed by sponsor)

The Sponsor's role is to assist the person in Christian Initiation. Also, together with the parent, the Sponsor presents the student for the Sacrament and helps to guide the student to live a life of holiness as a baptized Catholic. Being a sponsor is not just an honor given to a good friend or relative. Sponsorship implies a real appreciation of our Catholic Faith, a lifestyle that proclaims the truth, and sense of responsibility toward the young person being confirmed.

Please read the requirements for sponsorship before signing.

**Canon 874 and 892 of the Code of Canon Law** lists these requirements for the valid and lawful sponsorship in Confirmation:

A Sponsor:

- Must be mature enough to undertake this responsibility.
- Must have received the three Sacraments of Initiation: Baptism, Confirmation, and Holy Communion.
- Must be at least 16 years of age.
- Must know the fundamental truths of the Faith and be a practicing Catholic who attends Mass on Sunday and receives the Sacraments regularly.
- May not be the father or mother of the one to be confirmed.

The following section must be filled out by the sponsor:

I declare that I am a registered member of the parish listed below and that I fulfill the requirements to be a sponsor.

Sponsor Name: \_\_\_\_\_

Confirmation Candidate's Name \_\_\_\_\_

Sponsor's Signature: \_\_\_\_\_

Sponsor's Phone Number and Email: \_\_\_\_\_

Name of Sponsor's Home Church Parish: \_\_\_\_\_

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## TO BE COMPLETED BY THE SPONSOR'S PARISH

This is to certify that \_\_\_\_\_

is a registered member of \_\_\_\_\_

\_\_\_\_\_ is in good standing in this parish and that he/she meets the requirements for being a sponsor.

\_\_\_\_\_ is registered in our parish as an active, practicing Catholic.

Priest or Administrator Signature \_\_\_\_\_ Date: \_\_\_\_\_



## Confirmation Name Form

**Candidate Name:** \_\_\_\_\_

Our name is a powerful symbol of who we are. One of the traditional practices in the Church at the time of Confirmation is to choose a name that will remind you of this special sacrament throughout your faith journey. At Confirmation, the Bishop addresses you by name to show you are important and that the gift of faith is offered to you as an individual person.

- You may choose to keep your baptismal name, signifying that you are confirming the faith that was given to you at Baptism.
- You may choose to add a name to signify your new and deeper awareness of what it means to be a disciple of Jesus. If you add a new name, it should be a Christian name (the name of a saint or one of the great men or women of the Bible) that belongs to a person you admire and sets an example of faith that you want to imitate. Prayer, reflection, and research will help you choose a Confirmation Name. See the reverse side of this form for a list of resources to help you.

\*\*\*\*\*

**My Confirmation Name is:**

\_\_\_\_\_

**I have chosen this name because:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_

Confirmation Candidate signature

\_\_\_\_\_

Parent/Guardian Signature

\_\_\_\_\_

Date

## **Learning About the Saints**

Websites Catholic Online

<http://www.catholic.org/saints/>

American Catholic

<http://www.americancatholic.org/features/saints/byname.aspx>

CCTNtv Discovering Our Saints: short videos on lives of individual saints

<https://www.youtube.com/playlist?list=PLDDDABC497B5B4E93>